

How to start a Metta Circle?



Metta Circle:

- ♥ A platform to connect with like minded people to radiate Metta together for world peace, harmony and stability
- ♥ Facilitate communication to learn and to share
- ♥ Build a community based on love and compassion



MEDIA DOWNLOAD:
Guided Metta Meditation / Guided
Dedication of Merits / Chanting Scripts

DISCUSSION TOPIC:
Monthly Newsletters / Current Issues,
Common Interest



For more info, please visit: <http://mettaroundtheworld.org/mettacircle/> or
contact: Lim Guat Cheng at guatcheng@alokafoundation.org

